

ACTA MILITUM - CORPUS CHRISTIANUM

Month of: _____ Year: _____

DAILY:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Morning Offering																															
Little Office of BVM - Morning																															
Mary Help of Christians prayer																															
C.C. Preces																															
15 min. spiritual reading																															
15 min. meditation																															
Little Office of BVM - Day																															
Holy Rosary																															
Little Office of BVM - Evening																															
Little Office of BVM - Night																															
Examination of conscience																															
Holy Mass/Holy Communion																															
Visit to Blessed Sacrament																															

WEEKLY:	1	2	3	4	5
Litany of Loreto	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Confession	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Small penance or act of kindness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

MONTHLY:
 Meeting with spiritual director

ANNUALLY:
 Retreat
 Consecration/renewal to B.V.M.*

* It is recommended that a Marian consecration/renewal be made on May 24th, Feast of Mary, Help of Christians